

# SPORTS SCHEDULE

YEAR 2024/2025

	FITNESS	ZUIDERPARK SPORTS CAMPUS	PABO (THUAS main building)	EXTRA CLINICS	SWIMMING
<b>MONDAY</b>	09.00 – 22.00		17.30 – 18.30 Yoga 18.30 – 19.30 Total Body Workout		07.00 – 08.30 Zwembad Overbosch
<b>TUESDAY</b>	09.00 – 22.00		17.30 – 18.30 Yoga 19.00 – 20.30 Boxing		12.00 – 13.00 Zwembad Overbosch
<b>WEDNESDAY</b>	09.00 – 22.00	18.00 – 20.00 Football 19.00 – 20.30 Volleyball	19.00 – 20.00 Zumba 20.00 – 21.00 Yoga		07.00 – 08.30 Zwembad De Houtzagerij 20.30 – 22.00 Zwembad Het Hofbad
<b>THURSDAY</b>	09.00 – 22.00		17.30 – 18.30 Total Body Workout 18.30 – 19.30 Yoga		10.00 – 13.00 Zwembad Het Zuiderpark
<b>FRIDAY</b>	09.00 – 18.00	17.00 – 19.00 Basketball 19.00 – 21.00 Football 19.00 – 21.00 Badminton	17.00 – 18.30 Boxing	19.30 – 21.00 Bouldering/Climbing*	07.00 – 08.30 Zwembad De Houtzagerij
<b>SATURDAY</b>	Closed				12.00 – 13.00 Zwembad Het Zuiderpark
<b>SUNDAY</b>	Closed	13.30 – 15.30 Basketball 13.30 – 15.30 Volleyball 13.30 – 15.30 Badminton			09.30 – 11.30 Zwembad Het hofbad

**EXTRA INFORMATION:**

\* Bouldering/climbing: 5 weeks between February 14<sup>th</sup> – March 14<sup>th</sup> , Location: Johan van Veenplein 12, 2521 AC, The Hague. Registration through the app.

**ZUIDERPARK SPORTS CAMPUS:**

Meester P. Drooglever Fortuynweg 22, 2533 SR, The Hague

VERSION 5.1

January 20<sup>th</sup>, 2025

**CAMPUS**  
STUDENT LIFE & SPORTS



**THE HAGUE**  
UNIVERSITY OF  
APPLIED SCIENCES